



**NAMRUP COLLEGE P.O. PARBATPUR,  
DIST: DIBRUGARH ASSAM -786623**

**BEST PRACTICES  
Academic Year 2020-2021**



## Best Practices- 01

**Title of the Practice: Departmental Wall Magazine Contest.**

### **Objective of the Practice:**

In general, a Wall Magazine is used to facilitate communication and spread information among the students, as well as between students and teachers, staffs and visitors. Not only does it serve as a means of spreading messages, but it also acts as a showcase in which displays a student's talent and creativity. The content of a Wall Magazine is not limited to world affairs and general knowledge. Also, it contains opportunities of displaying one's creative tendencies and potential in the form of literary and art as well as accounts recording students' achievements in the various fields.

### **The context:**

The aim behind a Wall Magazine contest at Namrup College is to encourage our students to participate outside the classroom, identify their potentialities as well as to engage in extra-curricular activities, which they go on to then display in these boards. Also, they can build their cooperative and collaborative learning situation by participate in this contest.

### **The Practice:**

Each department of Namrup College has a wall magazine which is displayed adjacent to the departmental rooms. All the 11 departments at Namrup College have such Wall Magazines with their own unique names as follows:

1. Assamese: **Gahana ( Ornament)**
2. Botany: **Birikh ( Tree)**
3. Chemistry: **Honkaran ( Hybridization)**
4. Economics: **Ananya ( Unique)**
5. Education: **Gyandeep ( Light of Knowledge)**
6. English: **Aspirations**
7. Mathematics: **Integration**
8. Physics: **Physico**



  
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9. Political Science: **Hampreti ( Harmony)**

10. Sociology: **Sipa ( The Root)**

11. Zoology: **Dharitre ( The Earth)**

The teachers of department actively encourage and supervise the departmental students to prepare and publish the wall magazine annually.

**Evidence of Success:**

Namrup College has adopted Wall Magazine as one of the Best Practices as it provides an opportunity to students to post their articles, poems, drawings and other such compositions to share with each other. They are a medium within the institution to express their creativity. It also acts as a medium to increase interaction between students. Students can share with their fellow students any information or interesting things which they feel as important. They create beautiful and meaningful pieces of art to express their emotions which may be in the form of articles, pictures, paintings and useful perspective about subjects.

**Problems Encountered and Resources Required:**

In the surface, there are only positive things happening during departmental wall magazine competition but sometimes due to Covid-19, it is difficult to hold such type of competition during the academic year 2020-2021.

**Notes (Optional)**

The wall magazine competition in an educational institutional display the potentiality, creativity and skill of the students in various field. The above mentioned programme (Wall magazine competition) is relevant for implementing the best practice in the other educational institution also.



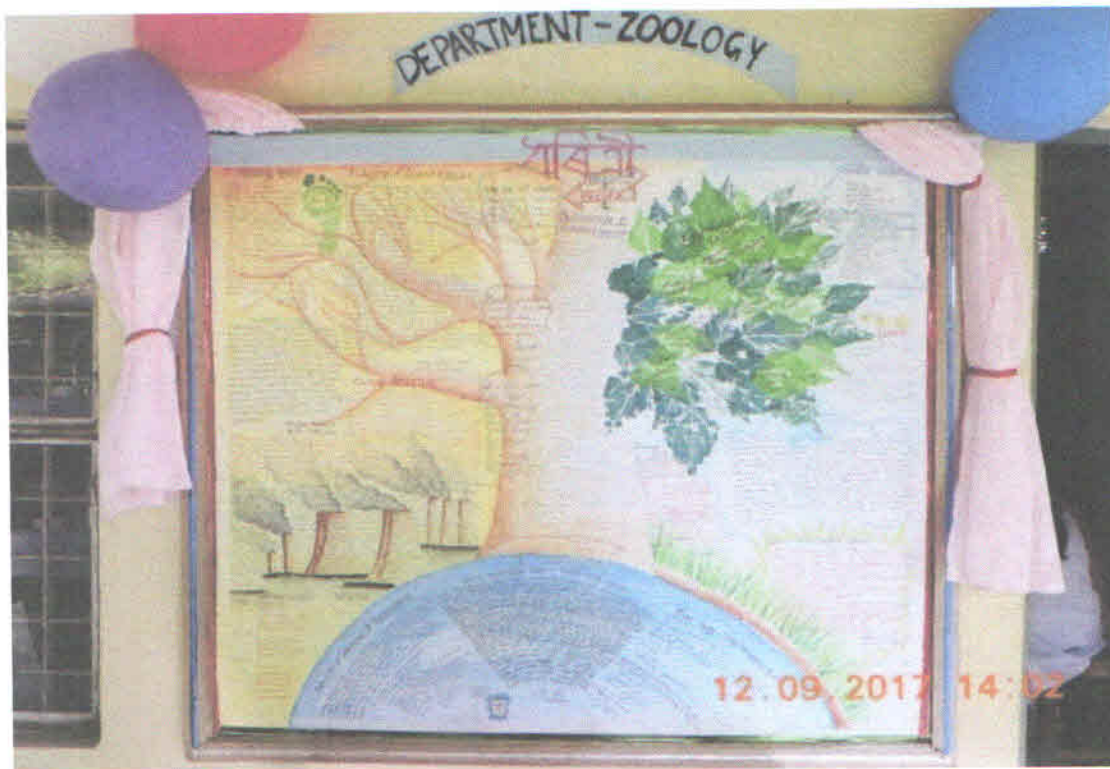
  
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**Some glimpses of Wall Magazine Competition:**



  
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2020-2021

**Best Practices- 02**

**Title of the Practice:**

**Morning assembly**

**Objectives of the Practice:**

The sole purpose of this practice was to begin each day, invoking the blessings of the almighty God. It was practiced right from 1<sup>st</sup> January, 2021 in our esteemed institution, Namrup College. After the prayer, a message will be delivered by one of the faculty members. Later, students were given the opportunity to deliver the message. This helped them to read and prepare a message. While doing this, they imbibed the message better. Besides, students pay better attention to what their companions speak. This also gives an opportunity for all students to come up and speak a few words, thus improving their communication skills.

**The Context:**

The major challenge which was faced was to convince the students about the significance of morning assembly. This challenge was coped up by the IQAC student meet where they were told about the value of this practice. Another challenge was the time required for the practice. However, we noticed that it takes only few minutes to come together, have the prayer and message and disperse. In addition, this practice ensured that all reach the campus on time. Later we also introduced the National anthem, National song, the college anthem, and yoga breathing (Shunting of "OM"). The entire morning assembly takes about 10 minutes. These practices helps everyone to be better concentrated, all are cooperative.

**The Practice:**

Starting the day with a prayer, coming together of all staff and students, message and reading of news headlines by the students, talk on a burning topic, singing the National anthem, National song, the college anthem, and yoga breathing (Shunting of "OM") which is a unique step. This practice helps the institution to achieve its vision of making its students spiritually mature. Singing of the National anthem, National song, the college anthem by all make them imbibe the values of our nation and the values for which their college stands. The message given by the students gives them an opportunity to read up and prepare message which has a moral value and to present their message before everyone. Beside this, reading of news headlines has made them aware of the daily news. These practices make them confident to speak in public and get rid of the fear of public speaking. The practice of yoga breathing (specially OM shunting) is a tradition of India and is beneficial both for mind and health. Both staff and students are aware of its benefits. Daily practice of the same helps everyone to be better concentrated in their academic activities.



  
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### **Evidence of Success:**

The practice of all coming together for morning assembly, reciting a prayer, giving a message for the day, News of the day, speech on burning topic, singing the National Anthem, National Song, State anthem, college anthem and practicing "OM Shunting" has been found very successful. The aim of this practice was to encourage a sense of the divine among the staff and students. We have noticed that the entire college community is eager to continue this practice. Moreover, this practice makes the atmosphere of the college peaceful and also to realize everyone's role towards the college and the society as well. This practice also strengthens the bonding love and makes everyone more cooperative.

### **Problems Encountered and Resources Required:**

This best practice was started in the beginning of 2021. Since it was started right at the beginning of the college, we did not find any resistance to the introduction of this practice. One of the major problems was to encourage and make the students confident to prepare a message and present it before the staff and other students. Another problem faced was poor language and communicating skills of students in local language and English as many of them are from village background. This problem was overcome by encouraging the students and trained them for public speaking and in language. All these required dedication both from the staff and students as well. Another major problem during this session was to organize such type of practice by following Covid-19 protocols and this was organized by following all the protocols.

### **Notes (Optional)**

A peaceful and stress free atmosphere to work in an institute and development of mental and physical health are essential for both staff and students. Moreover, overall development of the students should be one of the aims of an institute so that they can compete and develop their potential. This practice helps a lot in developing such an environment. Hence, in our point of view it is necessary for an institute (especially by higher education institute) to develop this practice.



  
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